

YOU.

Simply better

WELCOME TO
A SIMPLY BETTER YOU

BEAUTY + SKIN CLINIC



INJECT SOME CONFIDENCE

We don't treat faces.
We guide them.

At **YOU**, injectables are delivered through a structured approach, designed to refine, restore, and maintain your natural features over time.

Because without structure, results become inconsistent.

BEFORE



AFTER





REFINE

Our anti-wrinkle injections are tailored to enhance, not freeze, your natural look. Expertly placed for subtle, confidence boosting results, they soften frown lines, crow's feet and forehead creases while preserving movement and personality.

Backed by our 360° approach to skin health, every treatment aligns with upcoming UK licensing standards and forms part of your longer term aesthetic plan.

BEFORE



AFTER

You.

Wrinkle Relaxer.

Forehead Smoothing

- Softens horizontal lines for a refreshed, lifted look

Frown Line Relaxer

- Eases tension and deep creases between the brows

Crow's Feet & Laughter Lines

- Targets the eyes for a more youthful, rested look

Bunny Line Softening

- Smooths wrinkles on the nose caused by facial expressions

Lip Line Refiner

- Reduces fine lines around the mouth for a smoother finish

Lip Flip

- Enhances the upper lip with a subtle, natural lift

Gummy Smile Reduction

- Minimises visible gum when smiling for a balanced look

Smile Lift

- Gently lifts the corners of the mouth to restore a positive expression

1 area | From £200

2 area | From £250

3 area | From £300

BEFORE



AFTER





You.

Wrinkle Relaxer.

SMAS Lift | From £500

- A lower face lift using targeted wrinkle relaxer to lift and redefine the jawline by relaxing downward pulling muscles. Subtle, effective and ideal for softening jowls and restoring balance.

Nefertiti Neck Lift | From £400

- This advanced technique tightens and smooths the neck while lifting the jawline, ideal for treating loose skin and early sagging in the lower face and neck.

Jaw Slimming, Contouring & Lift | From £300

- Anti-wrinkle treatment is strategically placed to soften bulky masseter muscles, slim the lower face, and create a more sculpted, contoured jawline, without filler.

Underarm / Hyperhidrosis Treatment | From £425

- Reduces excessive sweating by targeting overactive sweat glands in the underarms. Discreet, effective, and long-lasting.

Male Anti-Wrinkle Injections | From £400

- Tailored treatments designed for male facial structure, softening lines while maintaining a natural, expressive look. Clean, defined results without overdoing it.



You.

Wrinkle Relaxer.

At **YOU**, every injectable treatment begins with precision.

In line with UK prescribing regulations, all anti-wrinkle treatments require a face-to-face consultation with our Nurse Prescriber prior to treatment. This is where your suitability is carefully assessed, your facial structure is understood, and your treatment is prescribed with intention.

We do not approach injectables as a one-off treatment, but as part of a considered, long-term plan to restore balance and maintain natural harmony.

A consultation fee of £30 applies, including a full medical assessment and personalised treatment plan.



RESTORE

Our approach to facial fillers is not about adding volume, it is about restoring structure and enhancing natural definition.

From softening nasolabial folds to refining the jawline and supporting the cheeks, every placement is considered in relation to your overall facial balance. The aim is not to change your features, but to bring them back into harmony.

We use premium products and precise, advanced techniques to ensure results are subtle, structured, and aligned with how your face naturally moves and ages.

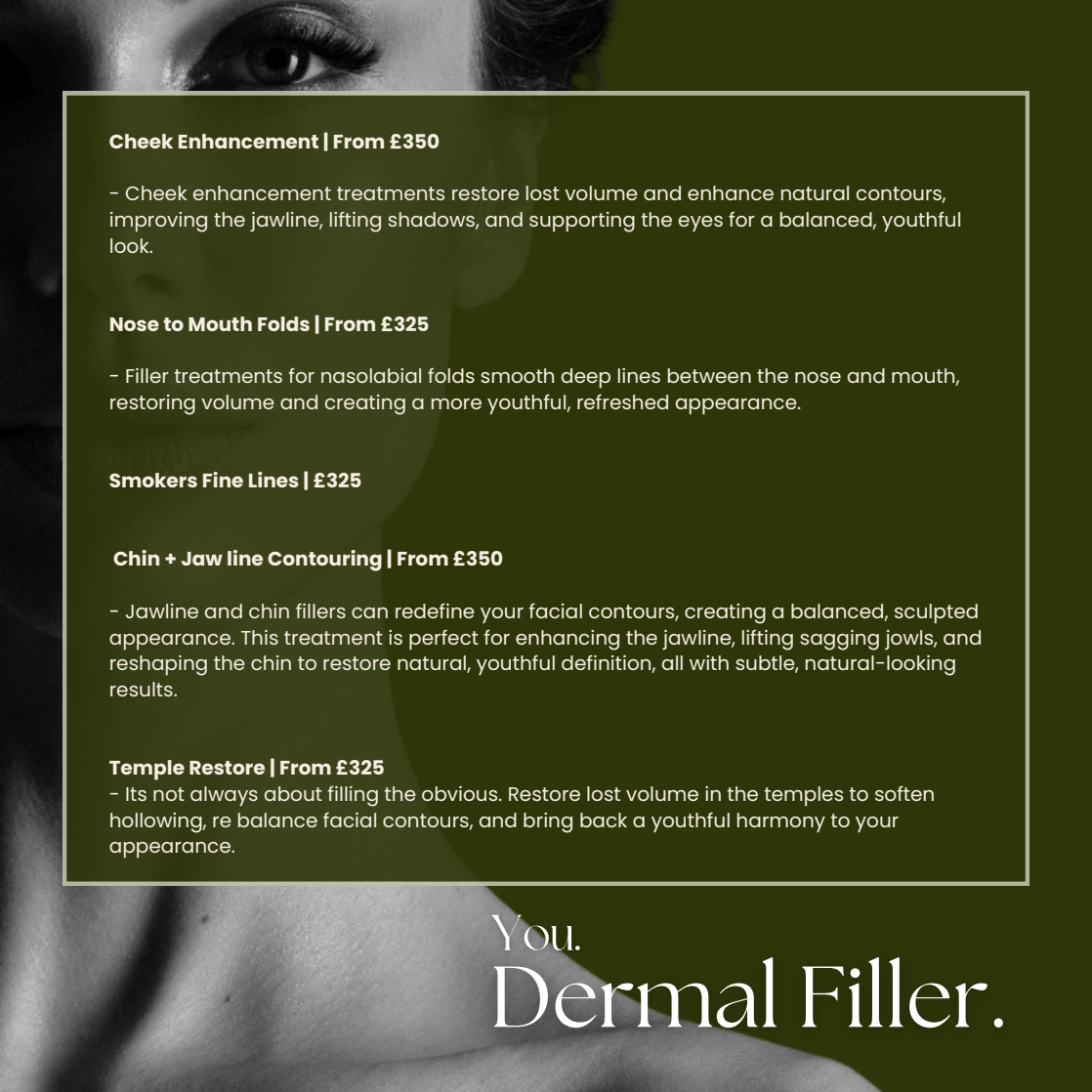
Rebuild structure, rebalance proportions, and refine natural definition.

BEFORE



AFTER





Cheek Enhancement | From £350

- Cheek enhancement treatments restore lost volume and enhance natural contours, improving the jawline, lifting shadows, and supporting the eyes for a balanced, youthful look.

Nose to Mouth Folds | From £325

- Filler treatments for nasolabial folds smooth deep lines between the nose and mouth, restoring volume and creating a more youthful, refreshed appearance.

Smokers Fine Lines | £325

Chin + Jaw line Contouring | From £350

- Jawline and chin fillers can redefine your facial contours, creating a balanced, sculpted appearance. This treatment is perfect for enhancing the jawline, lifting sagging jowls, and reshaping the chin to restore natural, youthful definition, all with subtle, natural-looking results.

Temple Restore | From £325

- Its not always about filling the obvious. Restore lost volume in the temples to soften hollowing, re balance facial contours, and bring back a youthful harmony to your appearance.

You.
Dermal Filler.

BEFORE



AFTER



Tear Trough Restoration | £425

- The non-surgical under eye lift targets the tear trough, reducing hollows and dark circles caused by volume loss with age. This treatment restores a refreshed, youthful appearance without surgery.

Non-Surgical Rhinoplasty | £425

- Ideal for those who would like improvement in the shape and appearance of the nose, without having surgery.

Filler Dissolving | From £200

- Remove unwanted or overfilled results with our filler dissolving treatment. This safe and effective procedure restores your natural look by gently breaking down the filler for a fresh start.

You.
Dermal Filler.

BEFORE



AFTER

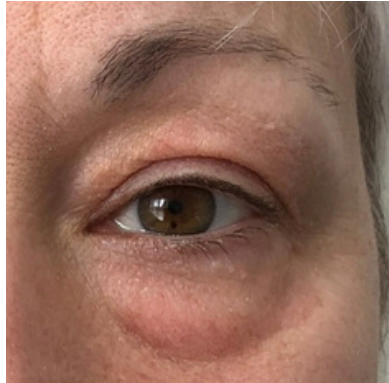
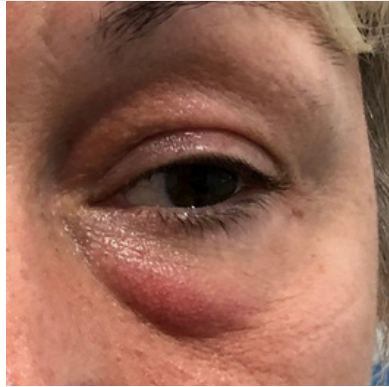
REGENERATIVE

Our skin boosters and regenerative treatments, including polynucleotides, bio-stimulators, and advanced formulations such as Profhilo and Exojuve, are designed to improve how the skin functions, not just how it looks. These treatments work beneath the surface to:

- Stimulate collagen and elastin
- Improve hydration and skin density
- Strengthen overall skin integrity

Improves skin quality, strengthens structure, and supports long-term results.

AFTER



BEFORE



You.
Skin Boosters.

Bio- Stimulator | From £375

- Unlike traditional fillers, bio-stimulators trigger your skin's natural collagen production for gradual, long lasting rejuvenation. They restore volume, smooth wrinkles, and improve elasticity, ideal for natural looking facial contouring.

Profilo Face + NECK | From £375

- Profilo is an advanced injectable treatment designed to hydrate and tighten the skin, improving elasticity and reducing fine lines. Perfect for rejuvenating the face, it delivers natural, glowing results with minimal downtime.

Exosomes | From £300

- Seventy Hyal is the next generation skin booster, designed to deeply hydrate, improve elasticity and restore a radiant, youthful glow from within.

Polynucleotides | From £250

- VITERAN An advanced Polynucleotide treatment that repairs, regenerates, and revitalises your skin at a cellular level, perfect for restoring youthful radiance and long term skin health. Great for under eye restoration.

BEFORE



AFTER



You.
Skin Boosters.

.ExoFace | £450

– ExoFace is a regenerative injectable that uses exosomes and polynucleotides to boost collagen, accelerate healing and restore a youthful, healthy looking complexion.

.Cellular Boost | From £350

– A custom blended mesotherapy treatment using targeted vitamins like Vitamin C, DMAE, and Hyaluronic Acid to hydrate, firm and repair. Injected superficially for minimal downtime, this tailored infusion stimulates skin regeneration at a cellular level, leaving your skin brighter, stronger and more resilient.

SKINTOX | From £350

– A skin refining treatment using micro-doses of toxin placed just beneath the surface, not into the muscle. SkinTox smooths fine lines, tightens pores, controls oil and leaves your complexion looking polished and radiant, without affecting facial movement. Ideal before events or as part of your ongoing skin refresh routine.



POWERED BY YOU... LITERALLY

PRF and PRP treatments use your own platelets and growth factors to trigger deep skin regeneration, no synthetic fillers, no harsh chemicals.

These natural injectables boost collagen, improve elasticity, and smooth texture from the inside out. Ideal for delicate areas like under eyes, or for anyone wanting subtle, long lasting results without looking 'done.' It's your skin, just healthier, firmer and visibly refreshed.

You. Regen.



The Regenerator | £350

– Harness your body's own growth factors with PRP facial rejuvenation. This treatment naturally boosts collagen, improves elasticity and restores a healthy, youthful glow. Ideal for under eyes and full face skin renewal, leaving your skin smoother, firmer and more radiant with every session.

Bio Volume Restore | £400

– A natural alternative to skin boosters, this treatment uses your own growth factors to restore volume, lift and skin strength. It stimulates collagen production and enhances elasticity, perfect for softening hollow areas and achieving a refreshed, fuller look without synthetic products.

You. Regen.

Regenerate+ | £450

- Our most advanced regenerative treatment, combining PRF with exosomes and polynucleotides to deeply repair and renew. It improves skin texture, softens fine lines, and triggers long term collagen production, for firmer, brighter, more resilient skin that heals and strengthens from within.

Purelift Filler | From £350

- A 100% natural alternative to dermal fillers. Using your body's own regenerative cells, Purelift restores volume, smooths fine lines, and boosts collagen for long term skin rejuvenation. Ideal for under eyes, cheeks, and other delicate areas, no synthetic substances, just subtle, lasting results.



ADVANCE LIFTING

A lifted, more defined appearance doesn't require surgery, just the right approach.

Our non-surgical facelift combines advanced techniques, including thread lifting and strategic filler placement, to restore structure, lift the skin, and rebalance facial contours.

This is not about adding volume.

It is about repositioning, supporting, and refining, so the face appears naturally lifted, not altered.

Each treatment is carefully tailored to your facial anatomy, ensuring results that feel balanced, subtle, and aligned with how your features should sit.

For those looking for a considered, minimally invasive alternative to surgery, this approach delivers visible, long-lasting results with minimal disruption.

A consultation is required prior to treatment to assess suitability and create your personalised plan.

BEFORE



AFTER

BEFORE



AFTER



You.
Non-Surgical Face Lift.

Thread Lift | Price on consultation

- This advanced thread lift uses cog threads designed to anchor and lift sagging skin while stimulating collagen from within. The result is a visibly firmer, more sculpted appearance with minimal downtime and no surgery.

Ideal for softening jowls, lifting the mid face, and restoring contour to the jawline and neck.

Cross Hatching | Price on consultation

- Achieve lifted, firmer skin using PDO threads, a non-surgical treatment designed to stimulate collagen and provide natural looking rejuvenation. Ideal for tightening and contouring areas like the face, neck and jawline.

You. Non-Surgical Face Lift.



Architect Liquid Face Lift | Price on consultation

- This full face dermal filler treatment is exclusive to You. and designed for serious, structure led rejuvenation. Using advanced cannula techniques, we target key points across the face to lift the SMAS layer, restore deep volume, and sculpt natural definition. From cheeks and jawline to under eyes, temples, and neck bands, every placement is mapped to your individual anatomy.

This isn't a standard filler appointment, it's a non-surgical facelift, built around your bone structure for long lasting lift, harmony and precision.

Precision Lift | Price on consultation

- A results driven filler treatment designed to lift, contour and restore facial structure with minimal product and maximum impact. This advanced technique enhances cheekbones, defines the jawline, lifts jowls and softens shadows, delivering subtle, natural looking lift without downtime.

BEFORE



AFTER



DESIGNED FOR YOUR FACE, NOT THE
TREND.

We don't follow lip filler trends, we create artistry that lasts. While others offer Russian Doll, HD, or B-Stung styles, we've mastered them all and moved beyond them. Your lips are unique, and your treatment should be too. Using expert technique and facial mapping, we craft lips that enhance your natural shape, proportions, and profile, so the results feel effortless, not obvious.

BEFORE



AFTER





You. Lips

Signature Lip | £350

Our most advanced lip filler treatment, tailored for clients wanting structure, shape and a noticeable yet refined result. Whether you're enhancing definition, restoring volume or redesigning your lip shape, this treatment uses premium filler and expert technique to create lips that elevate your features, without ever looking overdone.

Lip Revive | £300

Designed for lips that have lost definition, shape, or hydration over time. This subtle enhancement uses soft filler to smooth fine lines, restore natural volume and add moisture. Ideal for first timers or those wanting a refreshed, youthful finish without changing their overall shape.





HAIR RESTORATION, DONE PROPERLY

Hair thinning isn't just a surface concern—it affects how you feel.

At **YOU**, we don't approach hair loss with quick fixes or generic solutions.

We take a structured, clinical approach designed to stimulate the follicles, improve scalp health, and support long-term regrowth.

Each plan is tailored based on the stage and cause of your hair loss—combining advanced technology with expert-led care to create consistent, progressive results.

This is not about false promises or temporary improvements.

It is about restoring strength, density, and confidence—properly, over time.

BEFORE



AFTER

You. Hair Loss.

Hair Restoration | From £350

- Our bespoke scalp treatments target the root causes of hair thinning and shedding, stimulating regrowth and restoring long term scalp health. Each plan is carefully designed around you, using advanced regenerative methods to strengthen your hair from within.

We also provide a personalised home care routine to support your progress between sessions, so results keep building, even after you leave.

You. Wellness.

Vital Boost Injections | £40

-Recharge your energy and support overall wellness with our expert administered nutrient injections. Designed to boost vitality, enhance mood, and promote optimal health, these quick, effective treatments help you feel your best from the inside out.

Slim Shot Injections | From £150

-Target stubborn pockets of fat with our advanced fat dissolve treatment, designed to contour and sculpt your body safely and effectively. Using injection techniques, this minimally invasive procedure breaks down fat cells, helping you achieve a smoother, slimmer silhouette with minimal downtime.



SKIN REJUVENATION

Quick fixes only go so far, real skin transformations need a plan. Our advanced skin treatments work beneath the surface to target ageing, pigmentation, scarring, and more, using cutting-edge techniques tailored to you. A consultation is required before any advanced treatment, ensuring every step is designed for your skin's needs and the best possible results. Because great skin isn't left to chance, it's built with expertise.



You. SKIN Rejuvenation

Plasma Blast | From £400

Transform loose, sagging skin with cutting-edge plasma technology. Perfect for lifting eyelids and smoothing smoker's lines, this revolutionary treatment targets fine lines and wrinkles, leaving your skin firmer, smoother and more youthful, without surgery.

Renewal Beam | From £400

- Say goodbye to uneven skin tone and redness with IPL, which targets pigmentation, sun damage and broken capillaries for clear, glowing skin.

Cosmelan | From £1400

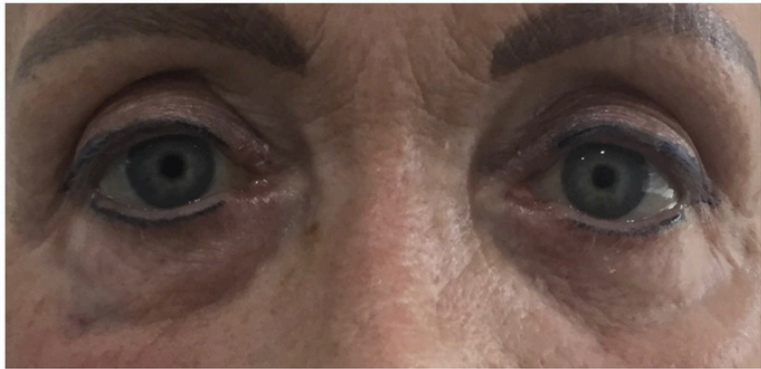
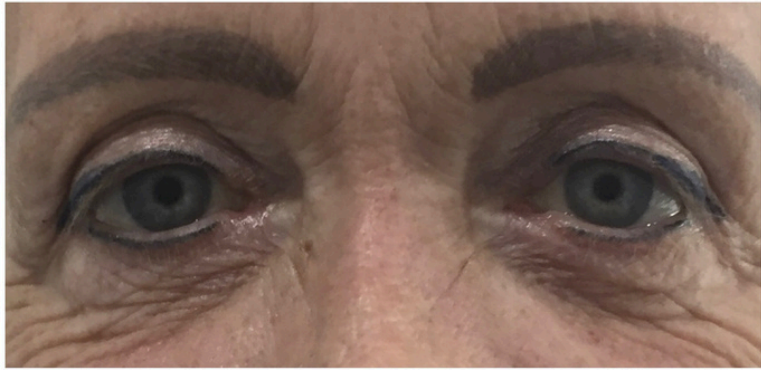
- Tackle stubborn pigmentation, melasma, and uneven skin tone with the Cosmelan Peel. This powerful depigmentation treatment brightens and smooths your skin, revealing a clearer, more radiant complexion.

Advanced Skin Renewal | £225

- A results-driven resurfacing treatment designed to tackle persistent pigmentation, visible signs of ageing, active acne and scarring. This tailored peel penetrates deep to refine texture, even tone and restore clearer, healthier looking skin.

Fibre Separation | Price on consultation

- Experience smoother, softer skin with our advanced fibre separation treatment. This innovative procedure releases tension in the tissue, enhancing skin texture and leaving it beautifully refined and rejuvenated.



PLASMA BLAST | FROM £400



RENEWAL BEAM | FROM £400

BEFORE



AFTER

BEFORE



AFTER

COSMELAN | FROM £1400

SKIN DETAIL REFINEMENT

Minor skin concerns can affect overall skin clarity and confidence.

These treatments are designed to remove or reduce:

Milia
Skin tags
Thread veins
Pigmentation

All performed with precision to improve skin appearance without unnecessary disruption.

Targeted treatments for cleaner, more refined skin.

You. BLEMISHES.

Thread Vein Removal | From £150

- Target and reduce the appearance of thread veins on the face and body with advanced IPL and Laser methods and sclerotherapy. Achieve clearer, more even-toned skin with safe and effective techniques tailored to your needs.

Milia Removal | From £50

- Milia removal is a gentle, precise treatment that extracts small, white bumps trapped under the skin, often around the eyes or cheeks. This quick and effective procedure restores a smooth, clear complexion without damaging the surrounding skin.

Skin Tag and Blemish Removal | From £150

- Skin tags can be uncomfortable, irritating, and often leave you feeling self-conscious. Our quick and effective removal treatments using various modalities such as Cryotherapy, Plasma, Laser are designed to eliminate them safely, restoring your confidence and leaving your skin smooth and tag-free with minimal discomfort.

Age spots and sun damage | From £75

- Using advanced laser or IPL technology, this targeted treatment breaks down excess pigment to visibly reduce age spots, sun damage and uneven skin tone. Ideal for restoring clarity and achieving a brighter, more even complexion with long lasting results.

You.

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